

Individual Medalists

Race 1		12:30		East Wales XC Championships - U11B	1500m
Position	No.	Name		Medal collected	
1	599	Luke Davies - Brecon AC		Yes / No	
2	598	Adam Grey - Cwmbran Harriers		Yes / No	
3	595	Josh Greenslade - Cwmbran Harriers		Yes / No	

Race 2		12:40		East Wales XC Championships - U11G	1500m
Position	No.	Name		Medal collected	
1	432	Abigail Fisher - Blaenau Gwent		Yes / No	
2	430	Amy Goncalves - Blaenau Gwent		Yes / No	
3	424	Lisa Scarfi - Newport Harriers		Yes / No	

Race 3		12:50		East Wales XC Championships - U13B	2500m
Position	No.	Name		Medal collected	
1	575	Carwyn Penny - St John's School / Newport Harriers		Yes / No	
2	570	Joshua Travers - Cwmbran Harriers		Yes / No	
3	574	Matthew Catterall - Brecon AC		Yes / No	

Race 4		13:05		East Wales XC Championships - U13G	2500m
Position	No.	Name		Medal collected	
1	487	Issy Mogg - Blaenau Gwent		Yes / No	
2	460	Megan Tucker - Brecon AC		Yes / No	
3	488	Paige Lowe - Blaenau Gwent		Yes / No	

Race 5		13:20		East Wales XC Championships - U23W	6000m
Position	No.	Name		Medal collected	
1	92	Leigh Barker - Brecon AC		Yes / No	
2	94	Charlie-Ann Haydock - Newport Harriers		Yes / No	
3				Yes / No	

Race 5		13:20		East Wales XC Championships - SW	6000m
Position	No.	Name		Medal collected	
1	552	Sam Knill - Brecon AC		Yes / No	
2	553	Emma Bayliss - Griffithstown Harriers		Yes / No	
3	551	Hannah Jarvis - Stockport Harriers		Yes / No	

Race 5		13:20		East Wales XC Championships - F35	6000m
Position	No.	Name		Medal collected	
1	68	Satu Haikala - Brecon AC		Yes / No	
2	64	Jane Horler - Chepstow Harriers		Yes / No	
3	65	Lou Summers - Chepstow Harriers		Yes / No	

Race 5		13:20		East Wales XC Championships - F45	6000m
Position	No.	Name		Medal collected	
1	453	Susan Davies - Croft Ambrey RC		Yes / No	
2	452	Rhian Loudon - Newport Harriers		Yes / No	
3	454	Ann Saxena - Newport Harriers		Yes / No	

Individual Medalists

Race 6	13:45	East Wales XC Championships - U15B	4400m
Position	No.	Name	Medal collected
1	529	Alex McDowell - Cwmbran Harriers	Yes / No
2	525	Tyler Pritchard - Cwmbran Harriers	Yes / No
3	523	Matthew Grantham - Cwmbran Harriers	Yes / No

Race 7	14:00	East Wales XC Championships - U15G	4400m
Position	No.	Name	Medal collected
1	491	Heidi Davies - Brecon AC	Yes / No
2	498	Samantha Walker - Cwmbran Harriers	Yes / No
3	496	Rachel Smout - Brecon AC	Yes / No

Race 8	14:15	East Wales XC Championships - U17M	6000m
Position	No.	Name	Medal collected
1	148	Jack Fear - Newport Harriers	Yes / No
2	144	Evan Wynne - Newport Harriers	Yes / No
3	147	Ben Jones - Cwmbran Harriers	Yes / No

Race 8	14:15	East Wales XC Championships - U20M	6000m
Position	No.	Name	Medal collected
1	448	Chris Carpanini - Newport Harriers	Yes / No
2	449	Olly Cayless - UWIC	Yes / No
3			Yes / No

Race 9	14:35	East Wales XC Championships - U17W	4900m
Position	No.	Name	Medal collected
1	471	Malika Rezougui - Cwmbran Harriers	Yes / No
2	474	Francesca Hyde - Cwmbran Harriers	Yes / No
3	472	Francesca Morris - Cardiff AAC	Yes / No

Race 9	14:35	East Wales XC Championships - U20W	4900m
Position	No.	Name	Medal collected
1	115	Ffion Price - Brecon AC	Yes / No
2	114	Rhianwedd Price - Brecon AC	Yes / No
3	113	Cassidy Skinner - Newport Harriers	Yes / No

Individual Medalists

Race 10	15:00	East Wales XC Championships - 23M	10000m
Position	No.	Name	Medal collected
1	14	Emrys Penny - Swansea University	Yes / No
2	15	Tyrone Fowler - Newport Harriers	Yes / No
3			Yes / No
Race 10	15:00	East Wales XC Championships - SM	10000m
Position	No.	Name	Medal collected
1	502	Harry Matthews - Brecon AC	Yes / No
2	500	Leighton Rawlinson - Caerleon RC	Yes / No
3	503	James Blore - Chepstow Harriers	Yes / No
Race 10	15:00	East Wales XC Championships - M35	10000m
Position	No.	Name	Medal collected
1	531	Sean Taylor - Griffithstown Harriers	Yes / No
2	532	James King - Caerleon RC	Yes / No
3	530	David James - Brecon AC	Yes / No
Race 10	15:00	East Wales XC Championships - M40	10000m
Position	No.	Name	Medal collected
1	408	Austin Davies - Brecon AC	Yes / No
2	409	Stuart Penny - Chepstow Harriers	Yes / No
3	407	Peter Crane - Neath Harriers	Yes / No
Race 10	15:00	East Wales XC Championships - M50	10000m
Position	No.	Name	Medal collected
1	177	Phil Kendrick - Brecon AC	Yes / No
2	178	David Davies - Brecon AC	Yes / No
3	179	Steven Wadley - Unknown Club	Yes / No

Team Medalists				
Race 1		12:30	East Wales XC Championships - U11B	1500m
Position	Club	Name		Points Score
1	Cwmbran Harriers	Adam Grey / Josh Greenslade / morgan Hadley		9
2				
3				
Race 2		12:40	East Wales XC Championships - U11G	1500m
Position	Club	Name		Points Score
1	Blaenau Gwent 'A'	Abigail Fisher / Amy Goncalves / Issy Breedon		7
2	Blaenau Gwent 'B'	Bethan Powell / Sheena Williams / Storm Wilkins		18
3	Newport Harriers	Jessica Taylor / Millie Blakemore / Lisa Scarfi		23
Race 3		12:50	East Wales XC Championships - U13B	2500m
Position	Club	Name		Points Score
1	Newport Harriers	Carwyn Penny / Lewis Davies / Geraint Rawlinson		12
2	Cwmbran Harriers	Joshua Travers / Elliot Dunn / Jamie Greenslade		13
3	Brecon AC	Matthew Caterall / Michael Adams / Jordan Price		20
Race 4		13:05	East Wales XC Championships - U13G	2500m
Position	Club	Name		Points Score
1	Blaenau Gwent	Issy Mogg / Paige Lowe / Chelsea Davies		10
2	Brecon AC	Megan Tucker / Olivia Jones / Amy Sinclair		14
3	Cwmbran Harriers	Rebecca Chick / Olivia Lawrence / Eve Williams		31
Race 5		13:20	East Wales XC Championships - 23W/SW/F35/F45	6000m
Position	Club	Name		Points Score
1	Brecon AC	Sam Knill / Satu Haikala / Leigh Barker / Beverley Tucker		30
2				
3				
Team Medalists				
Race 6		13:45	East Wales XC Championships - U15B	4400m
Position	Club	Name		Points Score
1	Cwmbran Harriers	Alex McDowell / Tyler Pritchard / Matthew Grantham		6
2				
3				
Race 7		14:00	East Wales XC Championships - U15G	4400m
Position	Club	Name		Points Score
1	Cwmbran Harriers	Sam Walker / Lauren Shankland / Olivia Turley		13
2				
3				
Race 8		14:15	East Wales XC Championships - U17M/20M	6000m
Position	Club	Name		Points Score
1	Newport Harriers	Chris Carpanini / Jack Fear / Evan Wynne		6
2				
3				
Race 9		14:35	East Wales XC Championships - U17W/20W	4900m
Position	Club	Name		Points Score
1	Newport Harriers	Cassidy Skinner / Bethan Jackson / Hannah Griffiths		20
2				
3				
Race 10		15:00	East Wales XC Championships - 23M/SM/M35/M40/M50	10000m
Position	Club	Name		Points Score
1	Brecon AC 'A'	Austin Davies / Harry Matthews / Phil Kendrick / Tim Hindle		17
2	Brecon AC 'B'	David Davies / Peter Sowerby / Derek Osbourne / David James		71
3				